American Society of Neuroimaging

Patient Satisfaction And Value Creation-A Neurologist Perspective

Laszlo Mechtler MD, FAAN, FASN, FEAN

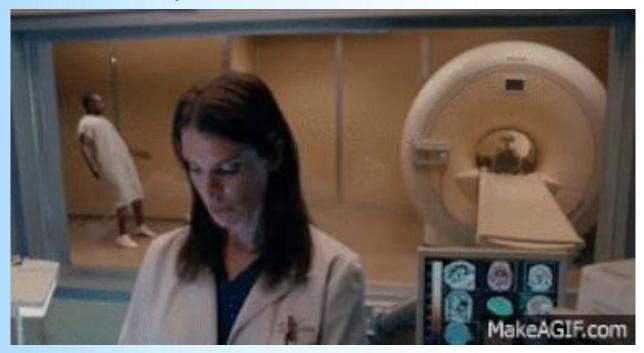
Professor of Neurology, Neurosurgery and Oncology

Medical Director of Dent Neurologic Institute

Past President of ASN

Disclosure

- Philips MR Neuro-Imaging Key Thought Leader (KTL)
- ACR neuro expert panel for Appropriateness Criteria
- Medical Director of Dent Institute
- NeuroNet Pro Advisory Board Chairman



About Dent Neurologic Institute

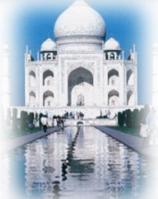
- Outpatient Group Practice
- 80 Providers
- 300,000 Visits per year 25,000 MRI
- 1200 visits per day
- 53,150 phone call last month
- Comprehensive Ancillaries
 Imaging, Infusion, END, Dizziness/Audiology
- Access, Subspecialty Team-Based Model
- Center of Excellence
- Research and education















DENT SubSpecialties

- Dementia
- Dizziness
- Headache
- MS, MD
- Movement Disorders
- NeuroMuscular
- Pediatrics
- Psychiatry, Addiction, Depression
- Psychology
- Oncology
- Seizure
- Stroke / TIA
- Physiatry

- MRI
- Ultrasound
- CT
- PET
- Infusion
- Chemodenervation
- Audiology
- EEG
- EMG
- Sleep
- TMS
- Pain Intervention
- Ketamine clinic
- Cannabis clinic

Subspecialty Expertise

High Volume of Clinical Cases

Comprehensive Longitudinal Data

Protocol Control

Integrated Feedback
Mechanism Across Services

Clinical Trials



Strategic framework for valuebased health care implementation to achieve better patient outcomes.

UNDERSTAND SHARED HEALTH NEEDS OF PATIENTS

DESIGN SOLUTION TO IMPROVE HEALTH OUTCOMES

INTEGRATE LEARNING TEAMS

MEASURE HEALTH OUTCOMES
AND COSTS

EXPAND PARTNERSHIPS

Defining and Implementing Value-Based Health Care: A Strategic Framework Teisberg, Elizabeth PhD; et al. Academic Medicine: May 2020 - Volume 95 - Issue 5 - p 682-685

Value-Based Health Care Benefits

PATIENTS PROVIDERS PAYERS SUPPLIERS SOCIETY **Lower Costs Higher Patient** Stronger Cost Alignment of Reduced Satisfaction Controls & Prices with Healthcare & better Reduced Risks Spending & Rates & **Patient** outcomes **Better Overall** Better Care Outcomes Efficiencies Health

NEJM Catalyst (catalyst.nejm.org) © Massachusetts Medical Society

How to improve patient satisfaction?

- Improve communication with patients
- Respect your patients
- Make your practice look engaging
- Optimize the appointment process in an easy to use manner
- Simplify the billing process with the help of the best medical billing software
- Find effective ways to follow up with patients

Dent Neurologic Business Principles

- Start with Excellent Neurologists
- Create Superb Access
 - Days not weeks or months for appointment
 - Immediate reports
 - PCPs rely on neurologist to order the appropriate tests (not compelled to shotgun testing)
- Subspecialize in Volume Markets
 - Add Extenders to Maximize MD Consults
 - Train them to be excellent at subspecialty
- Invest in High Volume Ancillaries Critical to Subspecialties
 - Use Ancillary Operating Income (Technical Revenue less expenses) to Offset Group Overhead Costs
 - Fully Distribute Professional Revenue (less overhead) to MD Partners, fully rewarding their hard work
- Recruit Fellowship Trained Expert Neurologists
 - Market the ability for them to see high volume in their expertise
 - Much better pay
 - Volumes that support Clinical Trials
 - Free to Roll Clinical Trial "Profits" into Personal Research Fund
 - Outcomes Research Papers with Powerful Stats, funded by this PRF

Private Practice Academic Centers of Excellence-Neurological Institute

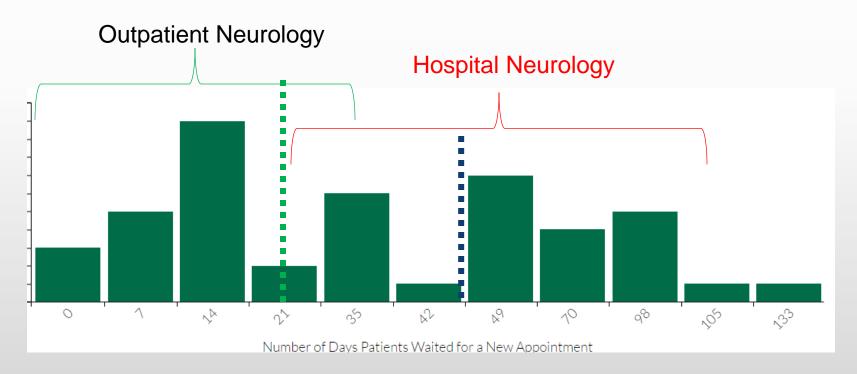
- Patient care
- Research
- Education

Ideal Practice Characteristics

- High volume
- 6+ Neurologists
- General neurology access
- Mid-level provider structure (NP/PA)
- Community presence
- Access to capital
- Risk tolerant
- Stark-compliant structure
- Access to business acumen

Wait Times to See a New Patient

Practice Type	Min	Median
Institutional	14	45
Outpatient	0	21



Clinical and Business Principles

- Keep you and your patients out of the hospital
- Open Access
- Best physicians
- Welcoming Attitude and Efficient Operations
- Comprehensive Care (Center of Excellence)
- Respect for Privacy
- Great marketing

"Power is in the number's"

- ✓ Control of patient lives
- ✓ Control of referral patterns
 - a. hospitals
 - b. neurosurgeons
 - c. other subspecialties
- ✓ Ancillary's

Cost Effective Neuroimaging

= Cost Effective Neurology

Dent's success

Academic large private practice:

Center's of Excellence

Ancillary support

Multidisciplinary

Geographically diversified

Strength in numbers

Strong networking relationships

Research



NEUROLOGY

- Shortage of neurologists in 40 states, esp rural areas
- Demand for neurologists outpacing supply*
 - 2012-11% shortage
 - 2025-16% projected shortage
 - Aging neurologists-avg age in US is 52
- Physician burnout (>50%)



Freestanding imaging center

The least expensive cities for a brain MRI from a freestanding imaging center

- 1.Oklahoma City, OK \$601
- 2.Riverside-San Bernardino-Ontario, CA \$611
- 3.San Diego-Carlsbad, CA \$614
- 4.Birmingham-Hoover, AL \$616
- 5.Atlanta-Sandy Springs-Roswell, GA \$660
- 6.Columbus, OH \$663
- 7.Cleveland-Elyria, OH \$670
- 8.Los Angeles-Long Beach-Anaheim, CA \$681
- 9.Phoenix-Mesa-Scottsdale, AZ \$693
- 10.St. Louis, MO-IL \$698

The most expensive cities for a brain MRI from a freestanding imaging center

- 1.Raleigh, NC \$1,285
- 2.Minneapolis-St. Paul-Bloomington, MN-WI \$1,277
- 3.Boston-Cambridge-Newton, MA-NH \$1,077
- 4. Milwaukee-Waukesha-West Allis, WI \$1,062
- 5.Portland-Vancouver-Hillsboro, OR-WA \$1,053
- 6.Dallas-Fort Worth-Arlington, TX \$1,031
- 7. Richmond, VA \$986
- 8.Chicago-Naperville-Elgin, IL-IN-WI \$974
- 9.Charlotte-Concord-Gastonia, NC-SC \$950
- 10. Virginia Beach-Norfolk-Newport News, VA-NC \$949 Amino 4/2017

Hospital Imaging center

The least expensive cities for a brain MRI from a hospital imaging center

- 1.Birmingham-Hoover, AL \$923
- 2.Phoenix-Mesa-Scottsdale, AZ \$1,054
- 3.Baltimore-Columbia-Towson, MD —
- \$1,065
- 4. Pittsburgh, PA \$1,153
- 5.Buffalo-Niagara Falls, NY \$1,187
- 6.New Orleans-Metairie, LA \$1,251
- 7.Philadelphia-Camden-Wilmington, PA-
- NJ-DE-MD \$1,260
- 8.Louisville/Jefferson County, KY-IN —
- \$1,270
- 9.Riverside-San Bernardino-, CA \$1,402

The most expensive cities for a brain MRI from a hospital imaging center

- 1.Portland-Vancouver-, OR-WA \$2,987
- 2.Hartford-West Hartford, CT—\$2,797
- 3. Virginia Beach-Norfolk, VA-NC \$2,746
- 4.Raleigh, NC \$2,673
- 5. Seattle-Tacoma-Bellevue, WA— \$2,580
- 6. Richmond, VA \$2,307
- 7.Chicago-Naperville-Elgin, IL-IN-WI \$2,24
- 8. Charlotte-Concord-Gastonia, NC-SC \$2
- 9. Houston-The Woodlands- TX \$2,096
- 10. Jacksonville, FL \$2,091

Blues giant Anthem will no longer pay for MRIs and CT scans performed on an outpatient basis in hospitals across the country.

As healthcare costs continue to rise, Indianapolis-based Anthem, which is run by a former health system CEO, is taking aim at a service that can be far more expensive in a hospital than in a free-standing imaging center.

On average, a brain MRI costs \$1,767 at a hospital or \$787 at a freestanding imaging center



Value-based Care

Volume-based Care



Imaging Center Survival Requires Cost-effective Approaches to Neuroimaging

Do the right scans, provide helpful results, as quickly as possible, as inexpensively as possible





I'll want to get a few tests on you, just to cover my ass"



Purported causes of overutilization of imaging



- 1. Fascination with new technologies
- 2. Duplication of studies from site to site
- 3. Inappropriate examination ordered/wrong body part imaged
- 4. Defensive medicine
- 5. Self-referral financial incentive
- 6. Patient demand for test
- 7. Studies ordered by protocol without individual consideration
- 8. Fraudulent activity



Optimized Imaging Workflow

- Maximize Volume per Scanner
 - Extended Hours of Operation
 - Reminders and Smart Overbooking to Minimize Cx/NS
- Minimize On/Off Table Time
 - "Keep the Gradients Knocking"
- Minimize Scan time Per Patient
 - Fewer sequences, fast/motion tolerant sequences
- Minimize doubt/repeat imaging
 - targeted sequences, adjust on the fly, tech qual
- Minimize Door-to-Scan Time
 - Time-Motion Studies
 - Patient coordination in advance for paperwork





Issues for Neuroimagers in an MRI Center

- Optimize Sequences for the Referring Indications
 - Is the order clear and appropriate?
 - Which sequences offer the most clinical insight?
 - Which Fast imaging sequences are applicable?
- What are the secondary diagnoses I'm considering?
 - Are additional imaging studies necessary?
- Concise report that answers the clinician's questions







 Quality in the competitive MRI marketplace is like the Loch Ness Monster: frequently mentioned but little supporting evidence of its existence



SAME price.....unequal quality









Out patient MRI

In Patient MRI

Cheaper expensive









"Immediate" Access

- Days not Weeks
- Same Day if Stat (Urgent Care Partner?)
- MD Templates Consult Heavy
- PAs/NPs Followup Care
- Control the Ancillary Decision Making
- Respect your referring MD's



Benefits of Comprehensive Model

- Patients/PMDs: Prompt Care, Definitive Answers, 1Stop
- Payers: Cost Effective, Relationship with Top Physicians
- Sustainability: Infrastructure to Manage Regulations
- Market Share: Fast Access, Ancillaries
- <u>Negotiating Power</u>: Strength in Numbers
- <u>Financial</u>: Diverse Revenue, Lower Risk, Lower OH
- Recruitment: Fulfilling Environment, Lower OH



Healthcare trends that effect Cost effectiveness in Neuroimaging

- Telemedicine
- Patient adoption of Health related Apps
- Cloud usage (interoperability, rapid image sharing and storage)
- PACS infrastructure including cloud-based archiving solutions
- Patient portals enhances the workflow between doctors and patients
- Cyber security
- Imaging sites will turn to big data for efficiency gains
- value-based payment models
- Appropriate use Criteria
- Double studies
- Gadolinium use
- CT use



Providers as Strategic Teams

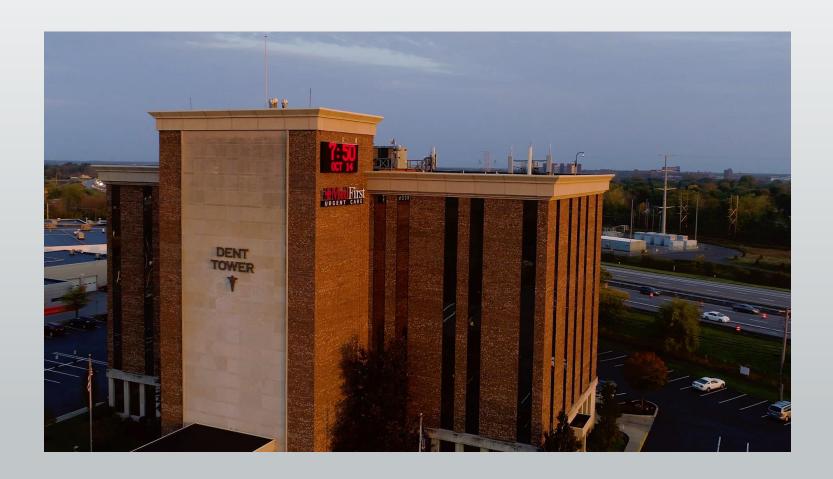
- Appropriate & Precise orders
 Referring Indications, Associated ICDs
 MRI Sequences Targeted to Medical Condition
- **Efficient Authorization Process**
 - Trained staff, automation
- Rapid Access to Avoid Leakage
 PCP to Neurologist to Imaging
- Concise and Timely ReportsAnswer Clinical QuestionFast Turnaround, Critical Results
- **Efficient Communication**
 - **Curb-side consults**
 - IT Interoperability (report transfer, image access)



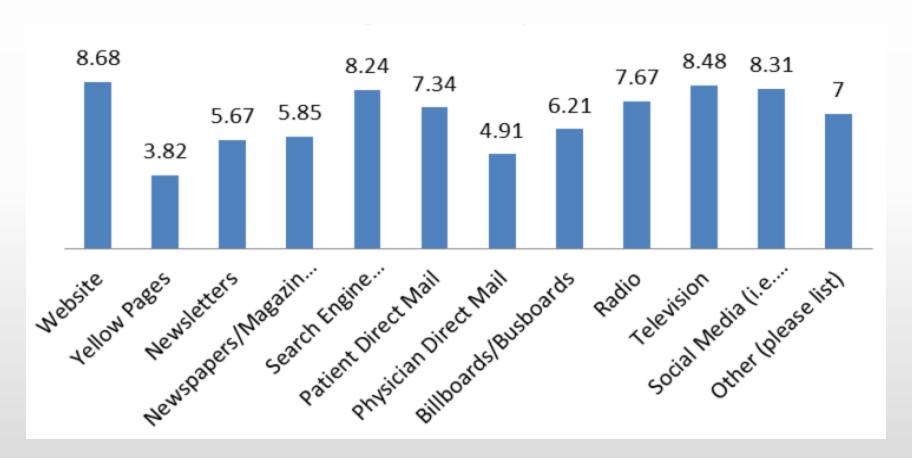
What is Marketing?

Interface between Operations and Customer Perception





Perceived Success



(10 = very successful)

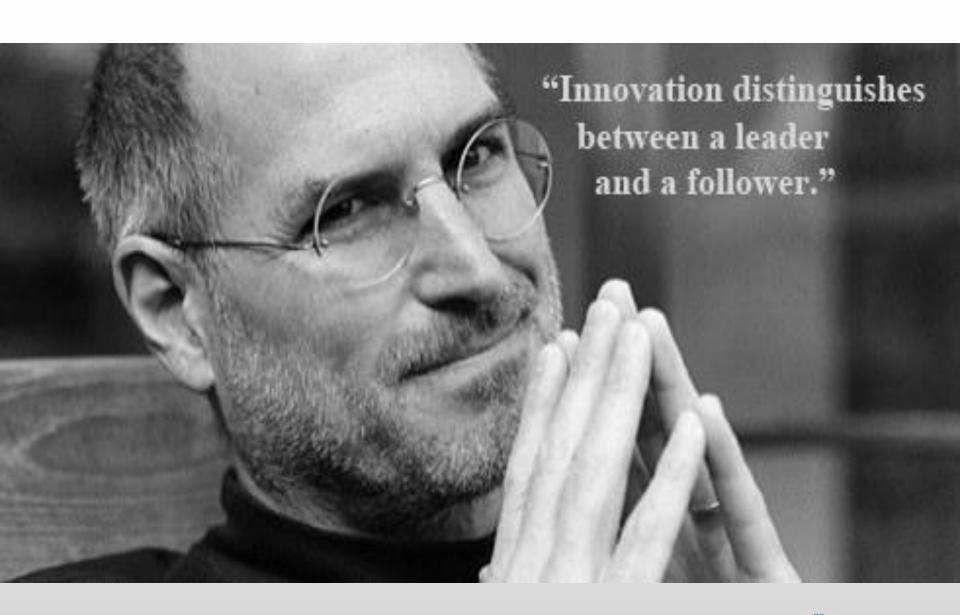
Garry, ACMPE Executive Professional Paper, Survey of Marketing, 2012



Word of Mouth Trumps All

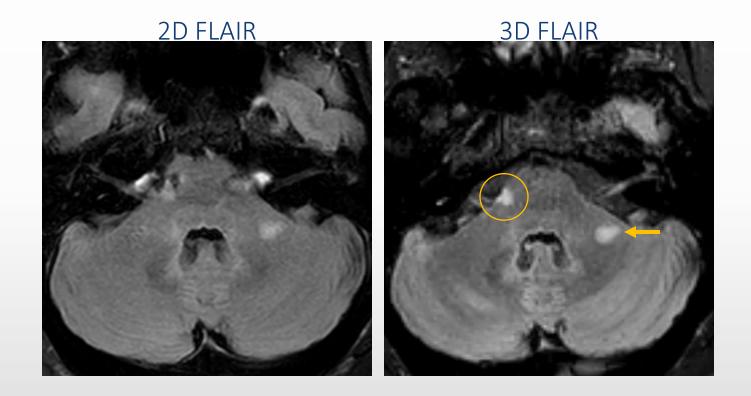
- Overall Experience
- Phone
- Parking
- Reception
- Time with Provider
- Personal Interaction
- Access (appointments, phone, portal, results)
- Dictations, notes, phone calls





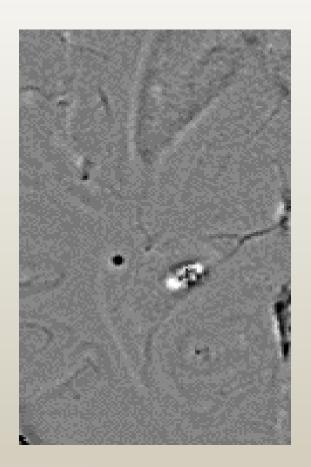


Clinical optimization – 3D approach









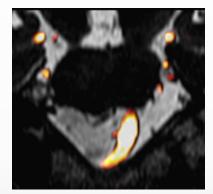
SWI phase imaging



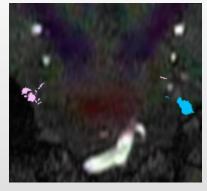
Clinical optimization – Disease specific protocols



Fusion of TOF and DRIVE



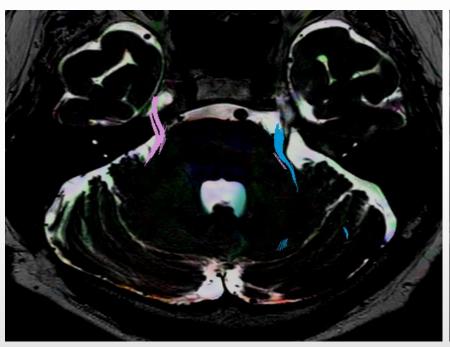
TOF + DRIVE

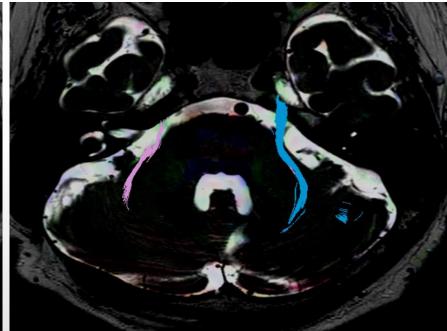


TOF + DTI



Integrate Neurologists into Protocoling and Edu

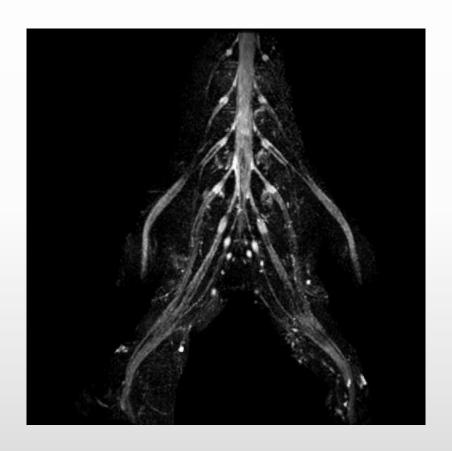




(from Dent Neuroimaging Rounds)

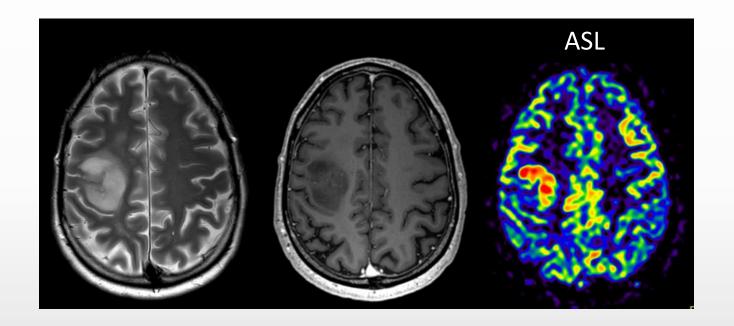


New Technologies: 3D Nerve VIEW



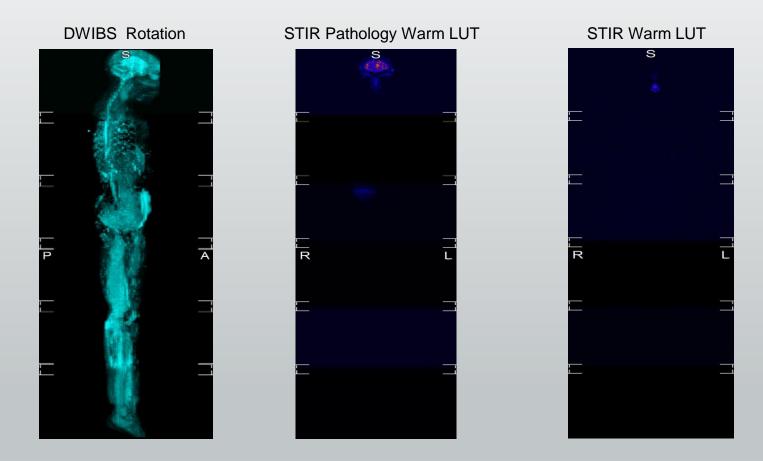


New Technologies: 3D Arterial Spin Labeling





Whole Body STIR for Tumor



Research Highlights: Fast MRI

Compressed
Sense
PHILIPS





40% faster

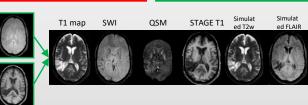
Spiral MRI **PHILIPS**





36% faster
No pulsation
artifact

Synthetic MRI Mark Haacke



3-4 minutes



<u>6 minute MRI</u> will revolutionize the medico-economics of Neuroimaging







Keys to Neuroimaging Success

- "Be the best you can be"...Fellowship, Preceptorship, courses
- Teach, educate and start a fellowship
- Sit on Neuroimaging committees
- Be Political Active (BRAIN PAC) and "Neurology on the HILL"
- Be a active member of ASN and AAN NI section
- Publish and support the Journal of Neuroimaging
- Start NI Research
- Do not except the status quo
- Be Passionate



Summary

- Seamless Team Based Care to Share Expertise
- Responsive to Referring Neurologists
- Workflow That Improves Efficiency and Quality
- Educated Staff
 - Show Clinical Relevance to Improve Quality and Engagement
- Clinically Optimized Methods and Workflow
- Clinically Targeted, Pragmatic Research



Viewpoints: <u>Why Neuroimaging Plays a Critical</u> <u>Role in Shaping the Future of</u> <u>Neurology</u>

An integral part of clinical neurology and neurosciences, neuroimaging training must be better harnessed and incorporated into the educational spectrum of the specialty.

By Laszlo Mechtler, MD and Joseph Fritz, PhD

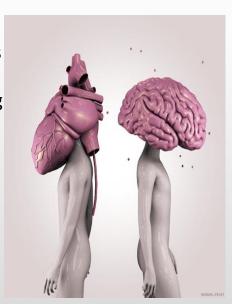
NOVEMBER/DECEMBER 2016 PRACTICAL NEUROLOGY



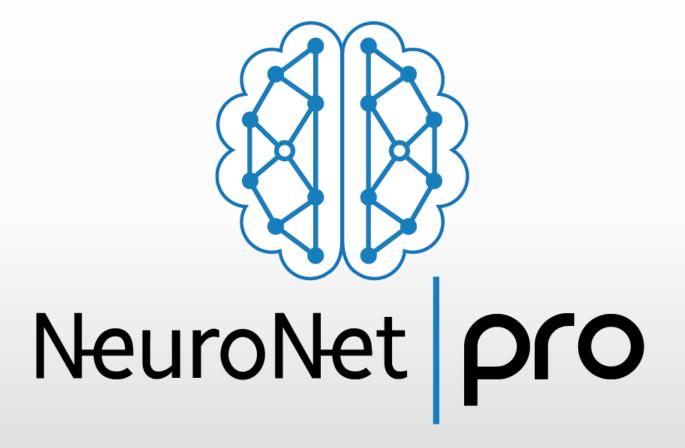
Advanced Cardiovascular Imaging Training

- ➤ <u>35 institutions</u> offering ACVI training are all large universities, including 11 in the Northeast, 12 in the South, 7 in the Midwest, and 5 in the West.
- Twenty-seven of 35 institutions (77%) offer a single advanced cardiovascular (CV) imaging training pathway, 6 offer 2 pathways, and 2 offer 3 pathways.
- >, 65 to 70 new trainees are accepted annually
- > 1 year (56%) to 2 years (31%), with the remaining 13% flexible between 1 and 2 years
- ➤ Thirty pathways (67%) include both cardiologists and radiologists among the teaching faculty, whereas 15 (33%) include only cardiologists across all advanced CV imaging training pathways

"organ-specific imaging "











Laszlo Mechtler, MD

Chief Medical Officer, Dent Neurologic Institute Advisory Board Chair, NeuroNetPRO Joseph V. Fritz, PhD

Chief Executive Officer, Dent Neurologic Institute
Partner, NeuroNetPRO

About NeuroNettero allenges in the changing landscape of Neurology

Our Expertise

- NeuroNet PRO leverages decades of real-world medical practice experience to help you excel in the face of today's complex healthcare economics.
- Thousands of clinical trials and eventual clinical implementation of new treatments
- Innovating with new ancillary services
- Developing improved practice workflow
- Partnering with payers to find value-based solutions

Consulting For Industry

- Our team remains in clinical practice, we are constantly aware of hurdles associated with the changing healthcare landscape environment.
- Our expertise lies in bringing new solutions to practical reality. The benefit to our industry partners is that we can help identify hurdles to new product releases, access real-life data to help understand market potential, identify and help develop educational materials.

Consulting For Practices

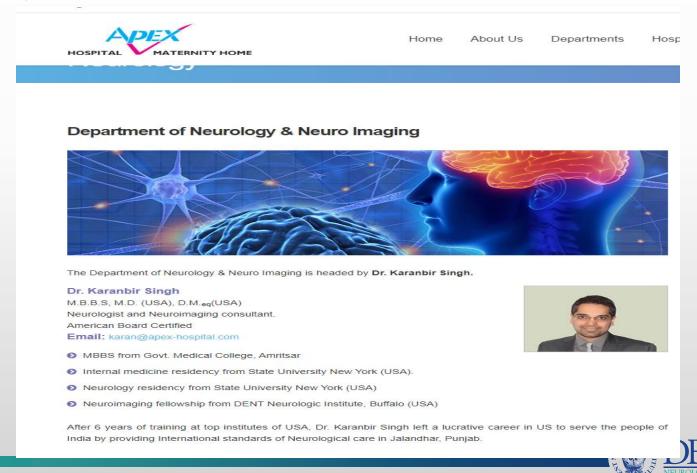
- Focused on creating practice-specific results, our team creates innovative solutions for your clinical and business needs.
- We can help identify opportunities for improving business sustainability, physician income, and service quality through our extensive knowledge in clinical operations, and ancillary services including infusion therapy and neuroimaging.
- Our experience with Alternative Payment Models has been recognized by payors..

NeuroNetPro.com



Hope you are well. Just want to let you know your teaching is making a big difference to the lives of people here in Punjab.
Thank you, plan a visit to India

text from Karanbir Singh 2019
Past Neuroimaging fellow





A key message for neurologists is to leverage the scarcity of the profession



Us against them!

Peter Kalina

Mayo Neuroradiolgist



Laszlo Mechtler

Dent Neuroimager





Laszlo Mechtler, MD, FAAN

Medical Director, Dent Neurologic Institute 3980 Sheridan Drive, Amherst NY 14226 Lmechtler@DentInstitute.com 716-250-2000 Thanks Joe Fritz PhD



Maintenance Of Certification 3 of 6 competencies required for MOC:

- Interpersonal and communication skills
- Patient care
- Professionalism





How Neurology Creates Value in the Healthcare System



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Advisory Board Chair, NeuroNetPRO

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NeuroNetPro.com

- Early Access to Diagnosis and Treatment
 - Neurologic Conditions become more disabling over time
- Ensure Patient Understand Benefits and Risks
 - Enormous Pipeline of New Treatments
- Foster Collaboration with Care Teams
 - APPs, Nurses, Social Workers, Therapists of all types,
 Primary Care, Other Specialists
- Monitor Quality of Life and Shared Decision Making
 - Consider the Entire Person, not just the disease
- Track Effectiveness and Compliance
 - Leadership in Real-time Quality Metrics, Guidelines (AAN Registry, Value Based Payment Models)
- Participate in Clinical Trials
 - Access to, and knowledge of, newest treatments
- Regular Collaboration with Neurologists
 - Global Network, Compare Best Practices

Clinical Quality
Quality of Life
Safety
Patient Experience





Patient Satisfaction Depends on Knowledge, Compassion, and Process

Determining Patient Satisfaction



- Complaint Line, Logs
- Online Comments
- Exit Surveys
- Contracted Surveys
- CMS CAHPS Surveys

Processes to Address Feedback



- Quality Committee to track and discuss Key Performance Indicators (Quarterly)
- Orchestrated approach for reviewing feedback with appropriate physicians and department management, contacting patient to thank them and obtain more insights (immediately)
- Culture that welcomes the feedback and identify root causes
- Review and improve processes

- Early Access to Diagnosis and Treatment
 - Conditions are more disabling over time
- Relationships that Comfort and Ensure Understanding Benefits and Risks
 - Enormous Pipeline of New Treatments
- Efficient Collaboration with Care Teams
 - APPs, Nurses, Social Workers, Therapists of all types, Primary Care, Other Specialists
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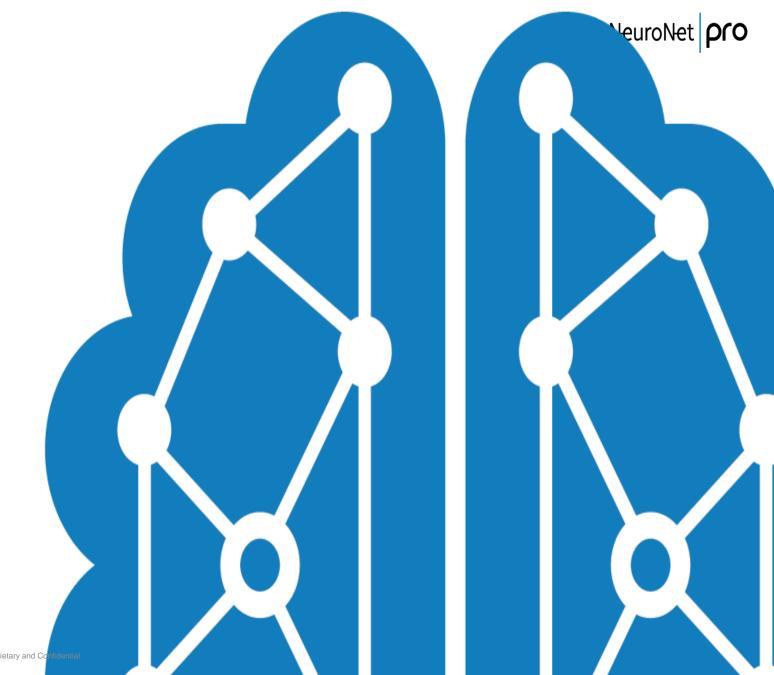
Clinical Quality
Quality of Life
Safety
Patient Experience

Creating a Culture of Patient Centered Care



- Pillars of Respect, Quality of Work and Productivity
- First impressions matter, whether the friendly call center or smile from the receptionist
- Tie Performance Reviews to Specifics within these pillars
- Don't be afraid to get help
 - Fellow neurology groups
 - Secret Shoppers
 - Payers and IPAs
 - Outside Consultants (MGMA, AAN, NeuroNet)

NeuroNetPro.con



Patient Focused Operations

- Follow-up Phone Calls, Portal
- Identify Chronic Conditions
- Phone Courtesy
- Accurate Appointment Scheduling
- Room Prep and Facility Cleanliness
- Billing Process

Know Your Patient Customer

	Category*	Physician	Group	CMP	CAHPS	Importance
Overall Physician Rating		n=62	n=370	n=8,640	n=12,983	
Rate the doctor as a 9 or 10, where 0 is the worst doctor possible and 10 is the best doctor possible		83%	76%	82% 	79%	
Loyalty Questions						
Would you recommend this office		87%	84%	90%	NA	
Top 5 Improvement Opportunities						
I get the care I need when I need it.	Personal Health	56%	53%	60%	NA	High
Follow-up on Test Results	Office Staff	39% ₹	65%	68%	69%	Moderate
Got appointment for check-up or routine care as soon as needed	Appointments	58%	68%	79% 	69%	Moderate
Got appointment for urgent care as soon as needed	Appointments	60%	66%	74% 	64%	Moderate
Office staff was helpful	Office Staff	68%	66% ₹	77%.♣	78%	Moderate
Highest Performance vs. CMP Other Specialty Physicians						
Got answer to phone question after hours as soon as needed	Appointments	100%	73%	75% 	61%	High
Doctor listened carefully	Communication	92%	79% ₹	85%	85%	High
Doctor showed respect	Communication	94%	83% ♣	88%	88%	High
Doctor gave easy to understand information	Communication	88%	78%	83%	82%	High
Wait time to be seen within 15 minutes of appointment time	Appointments	42%	36% ♣	37%♣	52%	Low

http://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/PhysicianFeedbackProgram/2013-QRUR.html

Summary

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