

Diagnostic Neuroimaging in Neuro-Ophthalmology

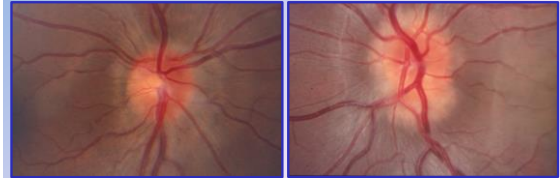
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 Neuroimager
 Hattiesburg Clinic, PA



American Society of Neuroimaging
 38th Annual Meeting

DISCLOSURES

Nothing to disclose!



Papilledema

Pseudopapilledema: buried ONHD

Aim of Today's Lecture

1. Focus on N-Oph dz where neuroimaging recently advanced our understanding of underlying pathophysiology, diagnosis and treatment
 2. Emphasize, how imaging helps N-Oph and Neuro-Oph helps imaging in differential diagnosis
- **We will discuss:**
- Pseudotumor Cerebri Syndrome (PTCS)
 - Intracranial hypotension
 - Leptomenigeal disease
 - Optic neuritis (ON)

PTC syndrome: Diagnostic criterias, Recent revision

1. Dandy WE. Intracranial pressure without brain tumor: diagnosis and treatment. *Ann Surg* 1937;106:492-513.
2. Smith JL. Whence pseudotumor cerebri? *J Clin Neuroophthalmol* 1985;5:55-56.
3. Friedman DI, Jacobson DM. Diagnostic criteria for idiopathic intracranial hypertension. *Neurology* 2002;59:1492-1495.
4. Friedman DI et al. Revised diagnostic criteria for the pseudotumor cerebri syndrome in adults and children. *Neurology*. 2013 Sep 24;81(13):1159-65.

Definitions

Table 3 Pseudotumor cerebri syndrome	
Primary pseudotumor cerebri	
Idiopathic intracranial hypertension	➔
Includes patients with obesity, recent weight gain, polycystic ovarian syndrome, and thin skull	
Secondary pseudotumor cerebri	
Cerebral venous abnormalities	
Cerebral venous sinus thrombosis	
Idiopathic jugular vein thrombosis or surgical ligation	
Middle ear or mastoid infection	
Increased right heart pressure	
Superior vena cava syndrome	
Arteriovenous fistulas	
Decreased CSF absorption from previous intracranial infection or subarachnoid hemorrhage	
Hypercoagulable states	
Medications and exposures	
Antibiotics	
Tetracycline, minocycline, doxycycline, nalidixic acid, sulfu drugs	
Vitamin A and retinoids	
Hypervitaminosis A, isotretinoin, all-trans retinoic acid for promyelocytic leukemia, isotretinoin liver ingestion	
Hormones	
Human growth hormone, thyroxine (in children), leuprolerin acetate, levonorgestrel (birth control system), androgen steroids	
Withdrawal from chronic corticosteroids	
Lithium	
Chemotherapy	
Medical conditions	
Endocrine disorders	
Adipose disease	
Hypoparathyroidism	
Hypercapnia	
Sleep apnea	➔
Polycystic ovarian syndrome	
Ataxia	➔
Basal fracture	
Turner syndrome	
Down syndrome	

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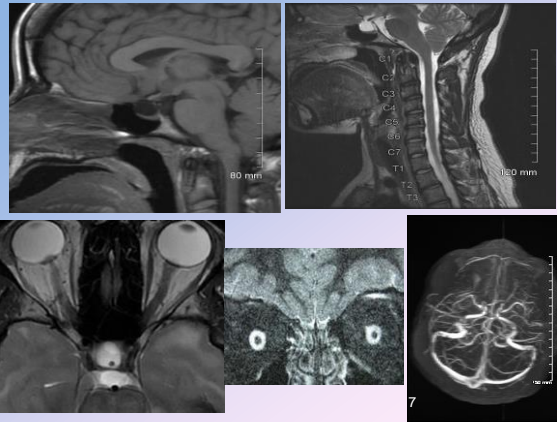
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Revised diagnostic criteria for the pseudotumor cerebri syndrome in adults and children. Friedman DI, Liu GT, Digre KB. *Neurology*. 2013 Sep 24;81(13):1159-65.

Table 2 Diagnostic criteria for pseudotumor cerebri syndrome.

1. Required for diagnosis of pseudotumor cerebri syndrome*
A. Papilledema
B. Normal neurologic examination except for cranial nerve abnormalities
C. Neuroimaging: Normal brain parenchyma without evidence of hydrocephalus, mass, or structural lesion and no abnormal meningeal enhancement on MRI, with and without gadolinium, for typical patients (female and obese), and MRI, with and without gadolinium, and magnetic resonance venography for others; if MRI is unavailable or contraindicated, contrast-enhanced CT may be used
D. Normal CSF composition
E. Elevated lumbar puncture opening pressure (≥250 mm CSF in adults and ≥280 mm CSF in children [250 mm CSF if the child is not sedated and not obese]) in a properly performed lumbar puncture
2. Diagnosis of pseudotumor cerebri syndrome without papilledema
In the absence of papilledema, a diagnosis of pseudotumor cerebri syndrome can be made if B-E from above are satisfied, and in addition the patient has a unilateral or bilateral abducens nerve palsy
In the absence of papilledema or sixth nerve palsy, a diagnosis of pseudotumor cerebri syndrome can be suggested but not made if B-E from above are satisfied, and in addition at least 3 of the following neuroimaging criteria are satisfied:
i. Empty sella
ii. Flattening of the posterior aspect of the globe
iii. Distention of the periotic subarachnoid space with or without a tortuous optic nerve
iv. Transverse venous sinus stenosis

*A diagnosis of pseudotumor cerebri syndrome is definite if the patient fulfills criteria A-E. The diagnosis is considered probable if criteria A-D are met but the measured CSF pressure is lower than specified for a definite diagnosis.



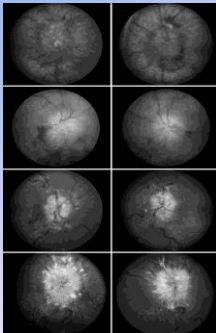
Other neuroimaging findings in PTCS

- **Primary spontaneous cerebrospinal fluid leaks** and idiopathic intracranial hypertension Pérez MA et al. Newman NJ. J Neuroophthalmol. 2013 Dec;33(4):330-7.
- **Meningoceles** in idiopathic intracranial hypertension. Bialer OY, Rueda MP, Bruce BB, Newman NJ et al. Am J Roentgenol. 2014 Mar;202(3):608-13.
- **MRI findings** of elevated intracranial pressure in cerebral **venous thrombosis versus** idiopathic intracranial hypertension with **transverse sinus stenosis**. Ridha MA et al. Neuroophthalmology. 2013 Feb 1;37(1):1-6.

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Fulminant idiopathic intracranial hypertension

OD



OS

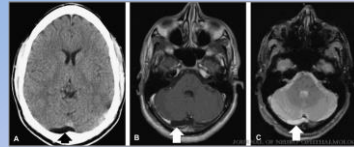
Fundus photos of 4 patients

Thambisetty M et al. Neurology 2007;68:229-232



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PTCS associated with giant arachnoid granulation



A. CT reveals a hypodense filling defect at the origin of the right transverse sinus adjacent to the torcular, with involvement of the proximal left transverse sinus (arrow). B. T1 axial MRI shows the hypodense filling defect (arrow) at the origin of the right transverse sinus, corresponding to the CT image. C. T2 axial MRI shows a hyperintense signal (arrow) corresponding to the filling defect. CT, computed tomography; MRI, magnetic resonance imaging.

Rosenberg, Kevin I., Bahik, Nadra
Journal of Neuro-Ophthalmology 33(6):417-419, December 2013.
doi: 10.1097/WNO.0b013e3182a2594b

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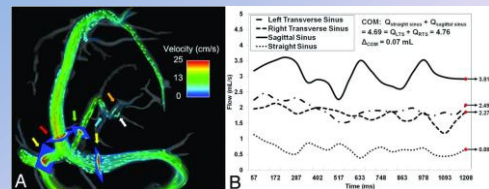
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Therapy: Guided by Neuroimaging Findings & Symptoms

- **Cerebrospinal fluid diversion procedures** in the treatment of patients with idiopathic intracranial hypertension. Malik A, Golnik K. Int Ophthalmol Clin.
- **Optic Nerve Sheath Decompression: A Surgical Technique With Minimal Operative Complications.** Moreau A, Lao KC, Farris BK. J Neuroophthalmol. 2013
- **Stenting of the Transverse Sinuses** in Idiopathic Intracranial Hypertension Ahmed, Rebekah; Friedman, Deborah I.; Halmagyi, G. Michael Journal of Neuro-Ophthalmology. 31(4):374-380, December 2011.
- **Increasing intraocular pressure** as treatment for papilledema. Fleischman D, Berdahl JP, Fautsch MP, Chesnutt DA, Allingham RR. Exp Eye Res. 2013

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Example of flow visualization for COM



Schrauben E et al. AJNR Am J Neuroradiol 2014;35:999-1006



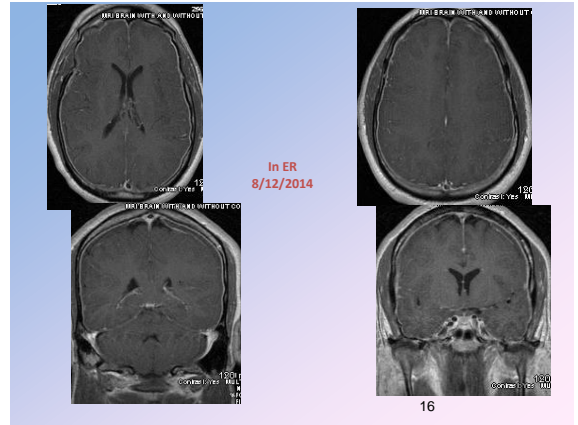
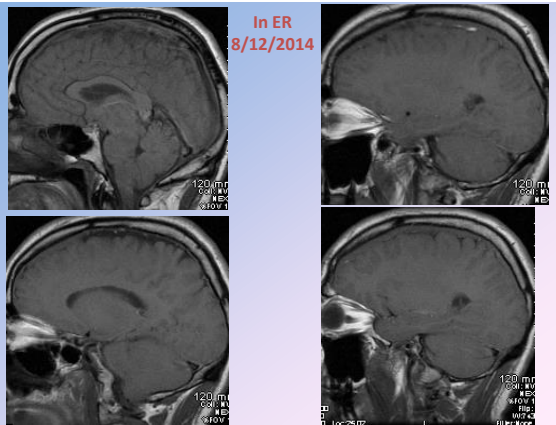
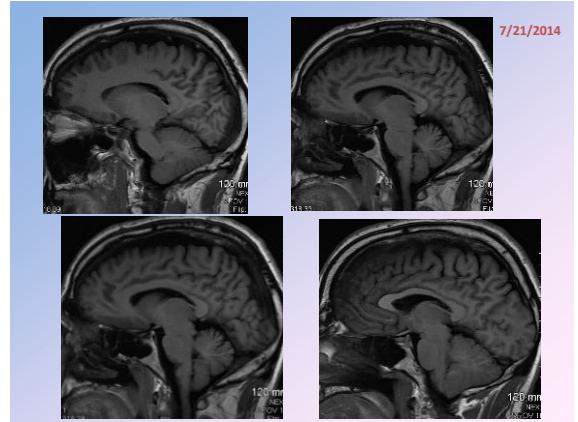
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Case of 47 y/o WM

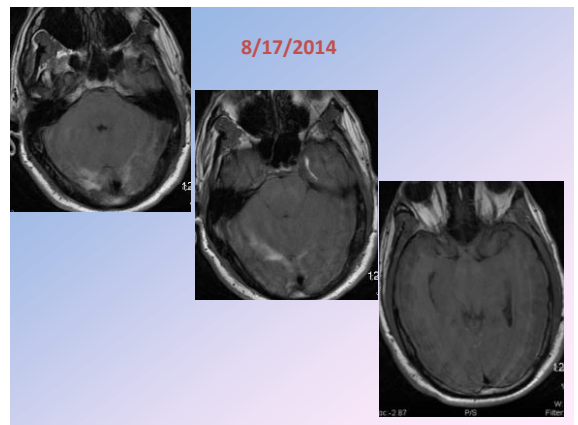
- WITH RECENT RIGHT UPPER ROOT CANAL
- NEXT DAY DEVELOPS SEVERE H/A WHILE DRIVING X 8 HOURS
- H/A IS AT BASE OF SKULL WITH FEELING OF OFF BALANCE WHEN MOVING HEAD SIDE-TO-SIDE; BLURRED VISION with sudden head motion OU
- NO PMH; NO FH OF MIGRAINE; NO TRAUMA

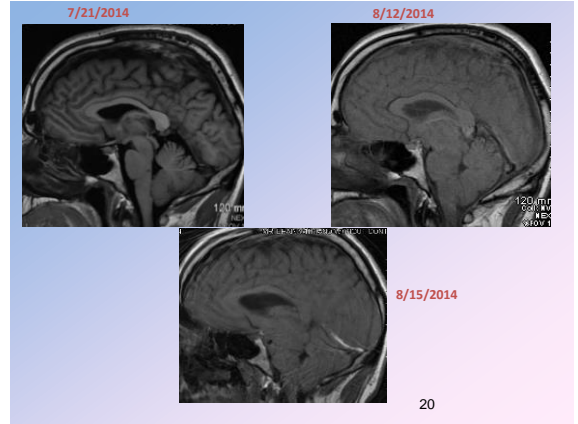
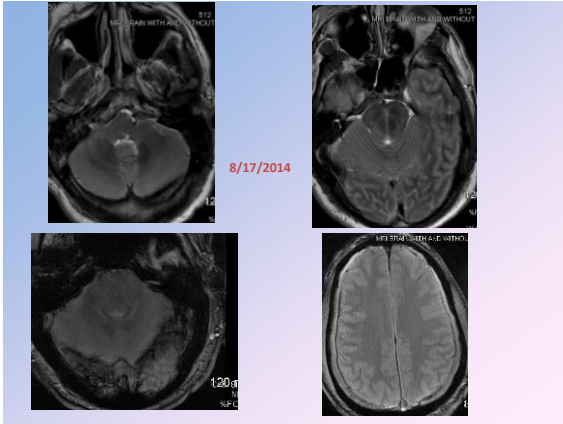
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Diagnosis?

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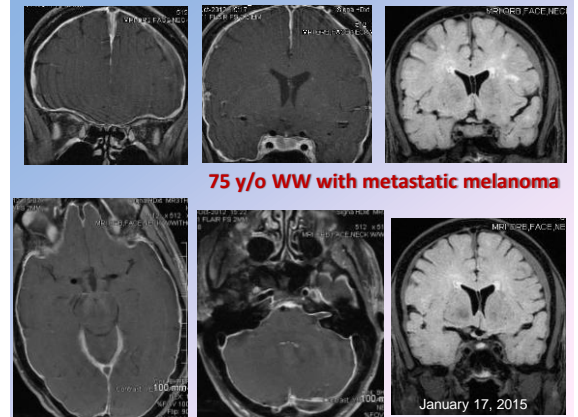




DDx of meningeal enhancement

1. Chemical "meningitis" (chemotherapeutics, heavy metals)
2. Granulomatous infiltration (sarcoid, tb)
3. Inflammation (RAs, eosinophilic granuloma)
4. Infection (viral, bacterial, fungal)
5. Neoplastic "meningitis" (carcinomatous, hem)
6. Subarachnoid haemorrhage
7. Trauma, intracranial surgery
8. Venous thrombosis

January 17, 2015

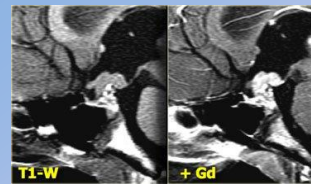


Neuro-ophthalmologic Complications in the Patient with Cancer

- Tumor cells reach the subarachnoid space either **through the blood, by growing** along nerve & vascular sheaths, or by migration from a tumor adjacent to CSF (parenchymal, bony lesions in the skull or spine)
- Katz et al. reported **not only ONS** coverage with tumor cells but neoplastic invasion **along the Virchow-Robin spaces** (mesenchymal septae) resulting in demyelination, and axonal beading and degradation of the optic nerve itself.

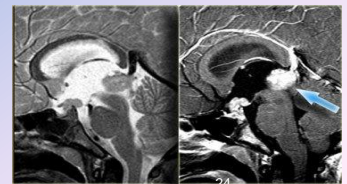
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Germinoma



- 80-90% along IIIrd ventricle
- 5-10% basal ggl
- Bifocal germinoma: pineal + suprasellar

- DWI restriction: high cellularity
- Intense homogeneous Gad+
- ± CSF seeding
- ± brain invasion



Squamous cell carcinoma Perineural spread

- Cardiac transplantation on immunosuppressants
- CN V, VI followed by complete ophthalmoplegia;
- LR atrophy

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Squamous cell carcinoma Perineural spread

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MRI in Optic Neuritis MS vs. NMO

- Abnormal optic nerve enhancement in 94% of affected nerves (Kupersmith et al.)
- ON hyperintensity on FLAIR in 82-100 %
- Abnl. signal length >17.5 mm and canalicular location a/w poor or slow recovery from ON even if treated with steroids
- Simultaneous ON OU in a monocularly symptomatic patient or chiasmal enhancement should warrant careful evaluation for **NMO!**

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40 Y WF pain on EOM x 1 wk, abrupt onset ↓ VA: CF 1' OS

Enhancement
may persist up to 4 mo
non-specific marker of breakdown of BBB
intraorbital & canalicular segment
Lesion length > 17.5 mm – poorer prog.

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1 year later facial and upper extremity numbness, bilaterally

Demyelinating plaques

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Optic tract lesion First sign of MS

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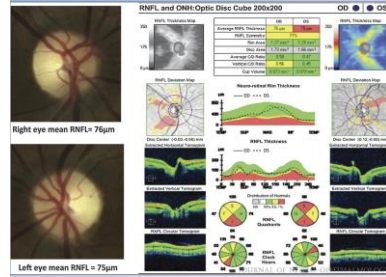
MRI & Eye as Predictors of MS

- MRI: best predictor of present and future **risk of CDMS** *not* for diagnosis in 5-yr: 16 vs 51%; in 10-yr 22 vs 56% if no vs 1 or > brain lesion(s); in 15-yr 25 vs 72%
- After ON highest risk of developing MS: **in 5 yrs**; If baseline **MRI**- then ↑risk if preceding viral syn.
- If no eye pain or NLP or severe disc edema or peripapillary hem. or macular exudates *then* **No MS**
- Revised McDonald criteria: Dx of MS with MRI can be made at initial presentation

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Optical Coherence Tomography (OCT)

32 y/o ♀ with RRMS x 3 yrs & ON OS x 1 yr



Presented with ON OS 1 year earlier. She had no history of ON OD. Fundus: optic disc pallor OU. SD-OCT demonstrates RNFL thinning in both eyes, suggesting prior subclinical optic nerve damage in OD and optic nerve damage in OS secondary to known ON.

World Medical Coherence Tomography. In: *Optic Nerve Disease: A Practical Approach*. Oxford: Blackwell Science; 2003. p. 371-383. doi: 10.1097/WNO.0b013e3180357177

Walters Kluwer | Lippincott Williams & Wilkins

Where OCT & MRI meets: Pathophysiology

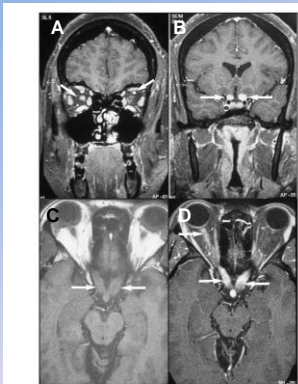
- Focal demyelinated plaques: varying levels of inflammation, gliosis, neurodegeneration
- Evidence: **permanent disability** correlates best with ↓CNS neurons & axons not demyelination!
Infer from OCT: structural info of retina & ON
- **Thinning of RNFL & ↓ MV** found in MS pts, both with & w/out distinct episodes of ON suggesting ongoing neuronal & axonal loss
- OCT: *Macular thinning predominant phenotype*

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Neuromyelitis optica Devic's disease NMO spectrum disorders

- Severe inflammation & necrosis of ONs & spinal cord (<5 yrs 50% is blind in 1 or both eyes or need walking aid)
- Non-caucasian, mean age: 40 yrs, ♀:♂=9:1
- 80% +Anti-NMO-IgG serum Abs
- A/w other autoimmune dz: celiac, MG & systemic infection: hepatitis, Lyme, syphilis, TB
- Poor visual recovery ≈ **bilat. ON (NMO-)**, LETM, intereye RNFL asym. >15µm (>3 mths of ON)
- On low immunosupp: Ocular toxo, CMV retinitis (important DDx of visual loss in NMO)
- Beta-IFN for MS considered harmful in NMO!

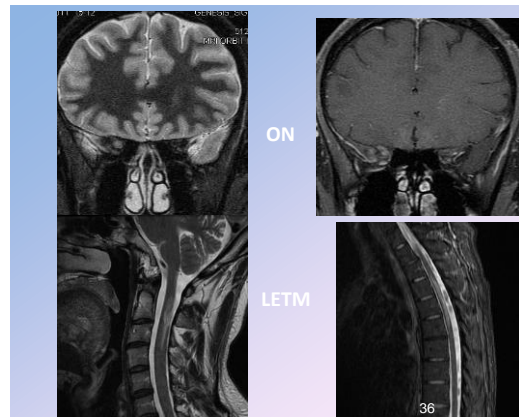
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Optic Neuritis Chiasmata

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ON

LETM

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30-year-old man with NMO & prior left ON

Parameter	OS	OD
Average RNFL Thickness (µm)	103	146
Max. RNFL Thickness (µm)	125	165
Min. RNFL Thickness (µm)	55	85
Disc Area (mm²)	1.98	1.98
Volume of RNFL (µm³)	1.72	2.17
Disc Area (mm²)	1.98	1.98
Volume of ONH (µm³)	1.72	2.17
Disc Area (mm²)	1.98	1.98
Volume of ONH (µm³)	1.72	2.17

Manifests significant optic disc pallor in OS and marked intereye asymmetry (43 µm) of the mean RNFL thickness, reflecting significant optic nerve damage in OS. His VA was 20/20 OD, and 20/100 OS, with a left RAPD, a dense central scotoma in the left visual field, and absent color vision in OS

In eyes with ON both TD- & SD-OCT showed thinner RNFL in NMO vs RR MS

Castello, Franca, Van Straver, Gregory P. Journal of Neuro-Ophthalmology 32(4):363-371, December 2012. doi: 10.1097/WNO.0b013e3182504688

VF-OCT-MRI-DTI tractography correlation

- Incongruous right HH
- OCT hemimacular thinning in a pattern consistent with a left retro-chiasmal injury
- OCT shows diffuse loss of RNFL in each eye, most marked temporally

Journal of Neuro-Ophthalmology 32(4):363-371, December 2012. doi: 10.1097/WNO.0b013e3182504688

MRI & DTI

Axial (A) and coronal (B) T1 MRI demonstrates decreased size of the left optic tract (OT) (arrows). C. Coronal FLAIR MRI reveals an area of demyelination (arrow) in the vicinity of the left OT. D. Diffusion tensor tractography confirms the location of the left OT (red).

Hernandez-Rodriguez, Telenko, A. Journal of Neuro-Ophthalmology 32(4):363-371, December 2012. doi: 10.1097/WNO.0b013e3182504688

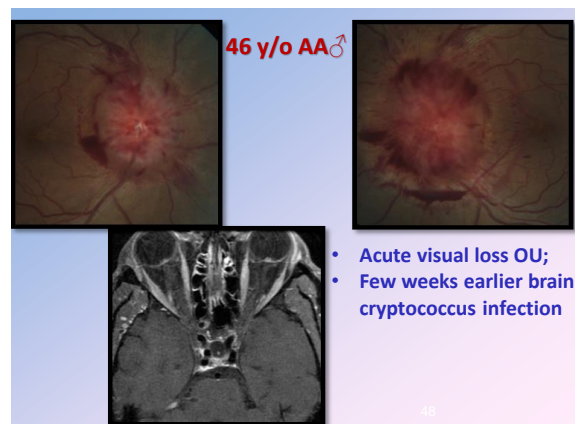
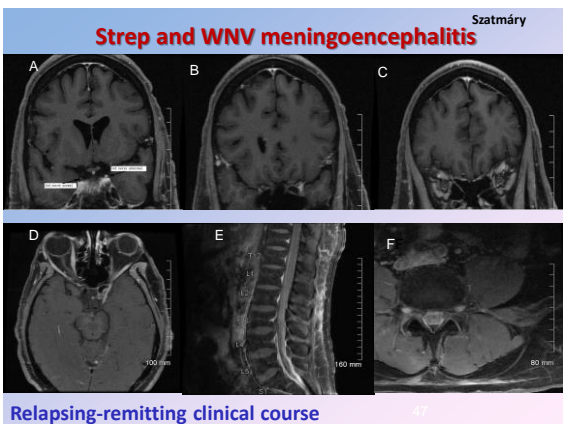
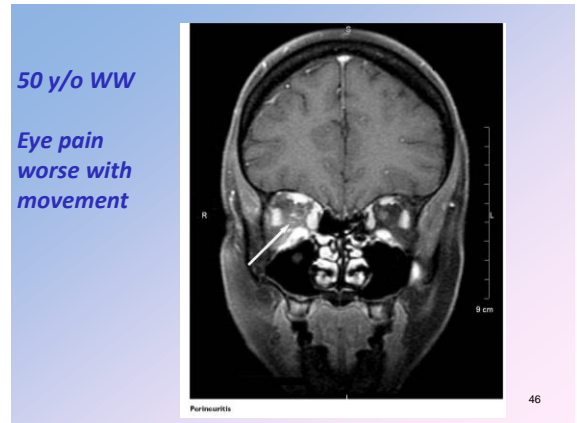
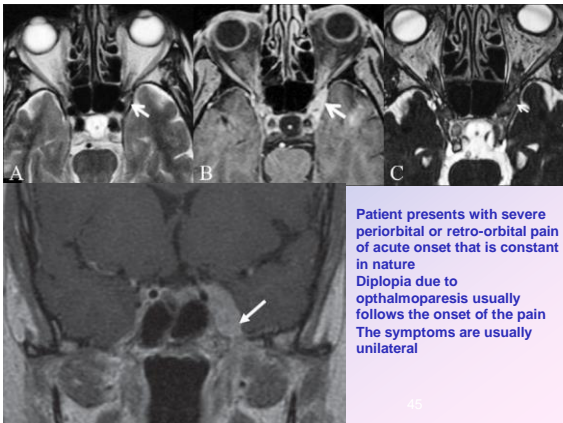
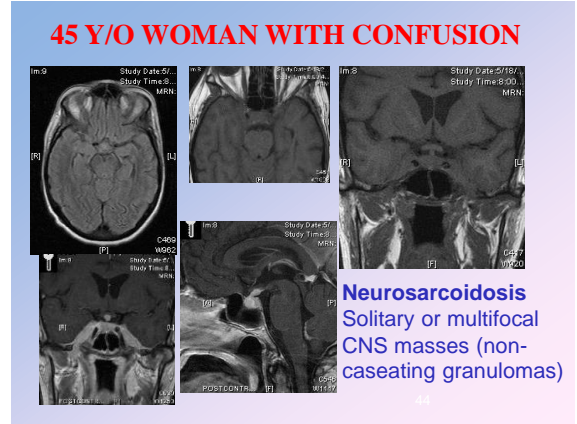
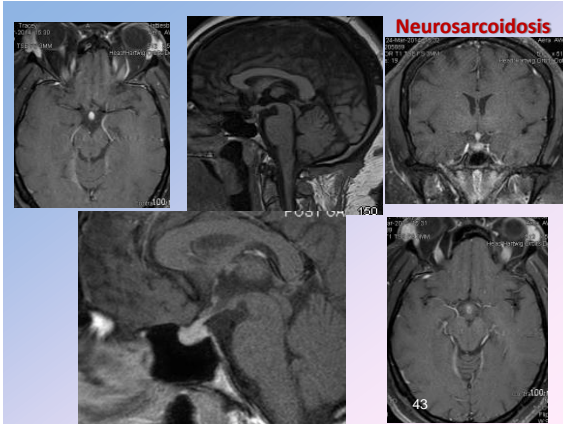
DDx of Optic Neuritis & abnl. MRI

- Isolated inflammatory:** MS, NMO, ADEM, AION, CRION, postvaccination ON, anti-myelin oligodendrocyte glycoprotein (MOG)-associated
- Diagnosis of exclusion,** recurrent events, worsening with steroid withdrawal
- Systemic dz.** associated eg. GCA, paraneoplastic, sarcoid, SLE, Wegener granulomatosis
- Infectious:** B. h neuroretinitis, CMV, Lyme, mycosis, syphilis, TB, WNV

Case of 38 y/o AA

NEUROSARCOIDOSIS

- abnl. CXR in >90% of NS
- WM small vessel vasculitis/angiitis
- Coats CNS/fill IAC
- Leptomeningeal dz of the base of the brain
- spreads along the Virchow-Robin spaces to form intraparenchymal masses



Thank you!



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